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PROVISIONAL PEN MONTHLY

The official e-newsletter of Provisional Pen Writing Services



WARM UP TO WRITING!

We have finally just about reached summer, a time of relaxation and enjoyment, perhaps a vacation or staycation. With it comes the perfect opportunity to treat yourself to some no-pressure writing.

In this issue, you'll find info on our membership, reasons to keep a journal focused on writing, and prompts to help you look at one source of inspiration from multiple angles.

Write on!

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News @ *Provisional Pen* WRITING SERVICES

GET MORE WITH A MEMBERSHIP!

If you've checked out our blog or Provisional Pen Writers Group on Facebook, you know we're here to help you through the process with your sanity intact. We are also proud to offer a paid membership that includes the following benefits:

- Coaching - weekly group calls to answer your questions and discuss your concerns
- Networking - a members only Facebook group to collaborate, share resources, and promote your work
- Information - a vault of articles, charts, graphs, and videos on the members only website
- Discounts - exclusive savings on our workshops and 1-1 consulting services

When you're ready to take the next step toward achieving your authorship goals, we look forward to working with you.

For more info,
please visit our
[Become a Member](#)
page.



WRITING TIP OF THE MONTH

USE AN INSPIRATION JOURNAL

Gathering inspiration isn't just for Pinterest; you can do it for your writing, too, in the form of a journal. It can be as simple as responding to writing prompts like the ones you'll find on the next page or as complex as keeping a multimedia version with songs, images, and videos that spark creativity for you. However you decide to approach your journal, here's why you should keep one:

It can help you get started.

Know you want or need to write something but not sure exactly what to write about? Wouldn't it be great if you had your own personal book full of creative inspiration? Now, you can have just that. So, next time you find yourself facing a blank page or screen, you'll have a plan of sorts.

It's a way to beat writer's block.

Ah, the dreaded problem that can pop up at any point in a project and may leave you feeling like

you can't string together even one more sentence. What can you do about it? Make use of your inspiration journal by looking at earlier entries or creating some new ones. Even if you're writing about something apart from your current project, the point is that you're writing again.

It encourages you to make writing a habit.

Speaking of writing again, your inspiration journal can help you write more often. Extra practice boosts your confidence, and that can help with achieving any goal.

It's fun!

This project is all yours, just for you, so don't be afraid to go all out with customization. Choose or make a notebook or an electronic document that speaks to you. Write away and express yourself; who knows what idea you'll come up with next? Only one way to find out!

For more tips on persevering through the writing process, check out "[5 Ways to Ditch Writer's Block.](#)"



MONTHLY WRITING INSPIRATION



FOCUS ON AN OBJECT

For this writing exercise, start by choosing an object of interest to you. What kind of object? Saw a shell with an intriguing pattern? That works. Have a favorite shirt? That works, too. You can choose anything, really. Then, complete at least two of the following prompts:

Prompt #1: Write a thorough description of your object. The goal here is to help others visualize the object using only your written words. Feel free to share and discuss your description to see how it measures up if you'd like.

Prompt #2: Write about the purpose of your object. Is it functional, aesthetic, or both? Does it provide shelter, comfort, calm, entertainment?

Prompt #3: Write a short story about what the world would be like without your object.

Prompt #4: Let's personify your object. Write down the thoughts, hopes, and dreams of the object, even if it feels silly to do so. It's a good workout for your imagination. Use first person perspective so your piece is written from the object's point of view.

Prompt #5: Write a poem about your object, whatever kind of poetry you'd like: haiku, rhyming, free verse, etc.

Once you've completed this exercise, think about what you've written. What was your favorite prompt, and why? Were you surprised at how much you wrote about a single object? You might even be able to use this exercise or some of the ideas you came up with for future projects, so be sure to hold on to it, whether you keep an inspiration journal or not.



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